



The ABIGAIL Framework™

A Transformational Personal and Business Model for Purpose-Driven Women

The ABIGAIL Framework is a powerful, step-by-step model designed to help women rise from stagnation, rediscover their voice, and transform their life experiences, passions, and talents into purpose, profit, and long-term impact.

Whether you're an aspiring entrepreneur, launching a small business, building a coaching practice, or using your personal story to create value—this framework provides the structure and support you need to go from confusion to clarity, and from gifts to greatness.

✦ What Does ABIGAIL Stand For?

- A – Arise: Step out of survival mode and step into your next chapter
- B – Believe: Strengthen faith in your identity, purpose, and potential
- I – Ignite: Spark passion, clarify your vision, and activate your voice
- G – Grow: Invest in learning, healing, and developing your skill set
- A – Accomplish: Take intentional action and build momentum toward your goals
- I – Invest: Sow into your business, brand, and wellbeing to multiply results
- L – Lead: Influence others by living with purpose, clarity, and confidence

Who Is This For?

The ABIGAIL Framework is for the woman who:

- Has a story, skill, or calling and wants to turn it into income
- Is ready to start or grow a business, from coaching to consulting, creative arts to product-based brands
- Feels called to do more, but doesn't know where to start – wants to be content and fulfilled

- Is transitioning from corporate, ministry, or motherhood into a new entrepreneurial identity
- Wants a faith-inspired, yet practical roadmap to build a business with meaning

Biblical Example: How Abigail Embodied the Framework (1 Samuel 25)

- Arise: Abigail stood up in a moment of crisis to protect her household, defying fear and passivity.
- Believe: She believed her wisdom and words could change outcomes and trusted in divine favor.
- Ignite: Her courageous approach and generous offering diffused anger and ignited peace.
- Grow: She used wisdom, emotional intelligence, and strategic thinking.
- Accomplish: She prevented destruction and repositioned herself for a greater future.
- Invest: She gave freely of her resources and wisdom, stewarding what she had for a bigger cause.
- Lead: Her leadership influenced a future king—David—and left a legacy of wise intervention.

Modern-Day Example: Maya – From Burnout to Breakthrough

Maya, a corporate project manager and single mother of two, was burned out and exhausted. Here's how she walked through the ABIGAIL Framework:

- Arise: After a health scare, Maya took a leave of absence and admitted she needed change.
- Believe: With the help of a coach and her journal, she rebuilt belief in herself and her future.
- Ignite: She reconnected with her passion for wellness and started supporting other working moms.
- Grow: Maya pursued coaching certifications, read books, and joined a business mastermind.
- Accomplish: She launched a wellness coaching business on the side.
- Invest: Every client payment went back into her brand, tools, and self-care.
- Lead: Today, she mentors women through burnout recovery and speaks on wellness leadership stages.

Signature Quote

"You must first ARISE from your current state, BELIEVE in your potential, IGNITE the seed of greatness within you to GROW, to ACCOMPLISH your purpose, and continue to INVEST in your development so you can LEAD others to impact and fulfillment."

— Rev. Dr. Dorine Fobi-Takusi

Final Takeaway

The ABIGAIL Framework is a roadmap to rediscovering your voice, unlocking your God-given gifts, and turning them into impact, income, and influence—whether in coaching, business, ministry, or creative work.

You don't need to be a coach. You just need to be ready.

Your story is valid. Your skills are valuable.

Your time is now. ARISE.









ABIGAIL Framework Conference 2025

Join us for a transformative weekend experience designed to bring the ABIGAIL Framework to life!

This empowering conference will give you the tools, strategies, and support you need to turn your pain into purpose, and your purpose into profit—surrounded by women who are on the same path of growth, faith, and freedom.

Event Details

-  Location: Turf Valley Resort, Maryland
-  Dates: October 24–26, 2025
-  Time: Begins Friday at 5 PM
-  Dress Code: TBD
-  Meals Provided
-  Speakers: 7 dynamic, purpose-driven leaders and entrepreneurs

What to Expect

- Live workshops on the ABIGAIL Framework
- Keynotes from faith-centered entrepreneurs and leaders
- Interactive exercises to help you clarify your brand, story, and business model
- Networking with women of purpose, power, and passion
- Tools to turn your gifts into legacy-building income

Don't miss this opportunity to reset, realign, and rise into your next level. The time is now. ABIGAIL awaits you.

Rev. Dr, Dorine Fobi-Takusi